Schedule of Testing and Ultrasound in Pregnancy

The doctors at MFMA will develop a unique schedule of testing and ultrasounds for your pregnancy, based on your individual needs and circumstances. Below is a template for the most common tests performed during pregnancy.

	Routinely recommended for all patients	Routinely recommended for multiple pregnancies
1st Prenatal Visit		
Complete history and physical examination	✓	✓
Prenatal blood work	✓	✓
Blood testing to see if you are a carrier of certain genetic diseases	✓	✓
Nutrition counseling		✓
10-13 weeks		
Blood testing to screen for fetal genetic /chromosomal conditions	✓	✓
Nuchal translucency ultrasound to screen for fetal genetic/ chromosomal conditions	✓	✓
16-18 weeks		
Ultrasound for fetal anatomy	✓	✓
Ultrasound for cervical length		✓
20-22 weeks		
Ultrasound for fetal anatomy	✓	✓
Ultrasound for cervical length		✓
24-28 weeks		
Blood testing to screen for gestational diabetes and anemia	✓	✓
Third trimester		
Serial cervical length / fetal fibronectin testing		✓
Serial ultrasounds for fetal growth		✓
Biophysical profile testing		✓
35-37 weeks		
Group B Strep vaginal culture	✓	✓

Tests that are sometimes recommended for certain pregnancies:

- Genetic counseling (1st trimester)
- Chorionic villous sampling (10-13 weeks) or Amniocentesis (16-18 weeks)
- Blood testing to screen for fetal neural tube defects–*AFP test* (16-18 weeks)
- Fetal echocardiogram (20-22 weeks)
- Serial ultrasound for cervical length / fetal fibronectin (third trimester)
- Serial ultrasound for fetal growth (third trimester)
- Biophysical profile testing (third trimester)

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